

RECREATION THERAPY INTERNSHIPS

Mission

To bring the healing effects of horses, movement, nature and supportive community to autism families, veterans with PTSD, children and adults with ADD/ADHD, anxiety, and related conditions free of charge using Movement Method and The Horse Boy Method.

Internship Description

Internship programming and timeframes are customized to each college student's needs and college requirements. The Recreation Therapy intern will be directly supervised by the CTRS. Working closely with Smiling Goat Ranch staff and volunteers, interns will directly assist with weekly play date sessions for autism families; school groups; quarterly veteran groups; recovery groups; women's trauma groups; facility tours; and special events for all populations we serve. They will be exposed to the NCTRC content areas, including but not limited to assessment, planning, implementation, evaluation, documentation, and managing RT services. Interns will create new and update past unmounted and mounted curriculum for Smiling Goat Ranch programs using Movement Method and The Horse Boy Method including: specialty programs, summer programs, and volunteer educational opportunities. Interns will also organize and update educational resources for participants, volunteers and training/education. Interns will be required to assist with animal care, training, and other duties that fall within the management of Smiling Goat Ranch, as well. The goal of the internship is to prepare the intern for certification and successful employment in any RT setting. The Recreation Therapy internship will consist of a minimum of 560 hours and 14 consecutive weeks. The Recreation Therapy internship is unpaid. Due to the nature of our program, staff and interns regularly work evenings and weekends, so a flexible schedule is necessary. Completion of the internship does not guarantee certification as a CTRS.

Prerequisites

- Working toward undergraduate or graduate degree in Recreation Therapy or related field
- Majority of coursework completed prior to internship
- Experience or interest in working in an equine therapy setting
- Willing to work outdoors for up to 8 hours in all weather conditions
- Current first aid and CPR certifications